

# Centre for Women's, Children & Family Health

Funded by Sydney South West Area Health Service

**The Centre for Women's, Children and Family Health offers a range of holistic services to improve the health and wellbeing of women in their mid to older years, Aboriginal women, and women affected by domestic and family violence.**

**We work with women in the Macarthur area to enable them to gain the confidence, skills and resources to create positive futures for**

**Intake Service** - provides an initial response to all telephone and in person enquiries from women and community members. Offers counselling and support, advocacy, information and referral. No appointments required, Monday to Friday 9am - 5pm.

**Aboriginal Women's Health Service** - provides counselling, advocacy, groups, support, information and referral to Aboriginal women in Macarthur.

**Women's Service - Domestic Violence and Mid to Older Women's Health** - provides counselling, groups, advocacy, information and referral for women affected by domestic and family violence, and for the range of issues impacting the health and wellbeing of women in their mid to older years.

**Women's Wellness Clinic** - provides naturopathic advice for health and wellbeing and a massage clinic with new treatments such as aromatherapy, reflexology and shiatsu.

**Staying Home Leaving Violence** - provides a comprehensive support service for women living in Campbelltown LGA, to separate from a violent relationship and remain safely in their own home, with the violent person excluded or removed from the home.

**Child & Family-** Incorporates Partnerships In Early Childhood, Connected Kids and Child & Family Wellbeing services. Provides a child-focused learning space for children accompanying women and families accessing services at the Centre. Offers individual support, counselling and groups for families to strengthen relationships and improve mental health outcomes.

**Well Women's Clinic** - free and confidential clinic by Women's Health Nurse for pap tests, breast checks, pregnancy tests, postnatal checks, Chlamydia screening, menopause and other women's health related issues and information. Available monthly, bookings essential.

**Cyber Corner** - free internet access and computer use for women.

**Free Legal Advice** - offered by solicitors from Marsden's Law Group and Macarthur Legal Centre on Wednesday's 12pm - 2pm. Appointments essential.

**For appointments, please phone Intake Service on 1800 077 760 (free call).**

